

October

MON

TUE

WED

THU

FRI

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16 Breakfast	17 Wings	18 Baked Fish OR Fried Fish	19
20	21 Chicken Alfredo	22 Meatball subs	23 Breakfast Or Wraps	24 Spaghetti with meatballs	25 Baked Fish OR Fried Fish	26
27	28 Chicken and rice	29 Bacon chicken wraps	30 Breakfast Or	Salisbury steak		

Daily Items

Pizza
Chicken Tenders
Chicken Nuggets
Grilled Tenders
Cheese Burger
Salad Bar
Spicy chicken sandwich
Sub Sandwich

Wraps
PBJ Sandwich
Parfait/Yogurt

Mac & Cheese
French Fries
Green Beans
Sweet Peas
Rice
Collard Greens
Black Eyed Peas
Corn

Sides

Breakfast choice of Bacon or Sausage, French Toast Sticks or Mini Pancakes, Eggs, Grits, and Tater Tots